

CURRICULUM CONTENT (KS4) GCSE YEAR 11

Year 11	TOPICS	OVERVIEW OF CONTENT	EXTENSION ACTIVITIES THAT PARENTS CAN UNDERTAKE TO SUPPORT LEARNING.
Autumn Term	BADMINTON	Game play Moderation drills Final assessments	The media is often full of articles about the current issues in sport. Often, these can link well to what we cover in lessons and it is always good to have a recent story for referral. They can print them off if they wish to store in their folders – these are particularly useful when having to use practical examples in exam questions.
	TRAMPOLINING	Recapping skills Moderation routine Final assessments	
	THEORY Applied anatomy and physiology	Functions and structure of the skeleton Classification of bones Location and roles of muscles Fast and slow twitch fibres Structure and function of cardiovascular system Arteries, capillaries and veins Components of blood and significance for sport Respiratory system – roles of principle components Structure and function of aveoli	
Spring Term	THEORY Sociocultural Injuries	Energy sources – aerobic and anaerobic Factors affecting participation Commercialisation and the media Deviance in sport Injury – treatment and prevention Performance enhancing drugs	The media is often full of articles about the current issues in sport. Often, these can link well to what we cover in lessons and it is always good to have a recent story for referral. They can print them off if they wish to store in their folders – these are particularly useful when having to use practical examples in exam questions.
	PRACTICAL MODERATION	Visit from external moderator from the exam board (30% of qualification)	
Summer Term	THEORY Revision	Mind mapping, revision games, Kahoot, exam questions	The media is often full of articles about the current issues in sport. Often, these can link well to what we cover in lessons and it is always good to have a recent story for referral. They can print them off if they wish to store in their folders – these are particularly useful when having to use practical examples in exam questions.
	EXAM	Final theory exam. Paper 1 is 1hr 45mins (36% of qualification) Paper 2 is 1hr 15mins (24% of qualification)	