

Lunch Menu

Monday

Southern Fried Chicken GF /Sweet Potato Wrap V,V*
Jacket Potato- Cheese/Beans/Tuna GF, DF
Roasted baby Potatoes/Vegetables

Jam Doughnuts V

Tuesday

Chicken & Chorizo Pasta GF /Vegetable Pasta Bake V,
Or
Jacket Potato- Cheese/Beans/Tuna GF, DF
Garlic Bread/Vegetables

Chocolate Brownie V

Wednesday

Peri Chicken GF / Spicy Bean Roll V,V*
OR
Jacket Potato- Cheese/Beans/Tuna GF, DF
Spicy Rice/Vegetables

Old School Cake V

Thursday

Beef Stew & Dumplings /Quorn Sausage V,V*
Or
Jacket Potato- Cheese/Beans/Tuna GF, DF
Mash Potatoes/Vegetables

Lemon & Drizzle Cake V

Friday

Beef Chilli & Nacho's DF,GF/ Vegetable Chilli & Nacho's V*V,
Or
Jacket Potato- Cheese/Beans/Tuna GF, DF
Seasoned Wedges/Vegetables

Crispy Cake V

DF- Dairy Free V* Vegan V- Vegetarian GF- Gluten Free Options

Week 4