

**Subject:** Psychology

**Head of Department:** Mrs Roberts

**A-level specification studied:** AQA

**Summer task to get you ready for your potential new A-level:**

Visit The Open University's 'Open Learn' website and use it to complete the free online course called 'Starting with Psychology'.

This will give you a great overview of some of the key factors that influence our mind and behaviour and will get you ready for studying A-level Psychology.

Starting with psychology: 6.1 Introduction | OpenLearn - Open University Mrs Santiago will be taking in your completion certificates in September.

**Something to read** 🧐 📖 📱 🗣️

- Frith, C. - Making up the Mind
- Benson et al. - The Psychology Book
- Winston, R - The Human Mind: And How to Make the Most of IT
- Stanovich, KE - How To Think Straight About Psychology
- Hock, RR - Forty Studies That Changed Psychology
- Lilienfeld - 50 Great Myths of Popular Psychology: Shattering
- James McGuire - What Works: Reducing Re-offending: Guidelines from Research and Practice

**Something to watch** 📺 📺 📺

- 100 Humans (Netflix)
- The Creative Brain (Netflix)
- Three Identical Strangers (Netflix)
- TEDTalks:
  - Psychology Myths Debunked
  - A brain in a supercomputer
  - Your brain hallucinates your conscious reality
  - How language shapes the way we think
- Any documentaries on memory, social influence, attachment, mental health or psychological approaches

**Something to listen to** 🎧 🎧 🎧

- Radio 4 - All in the Mind
- BBC Podcasts on mental health, neuroscience, attachments or anything on the specification for A Level psychology

### Other useful resources or links

- A-level Psychology AQA Revision Notes (simplypsychology.org) AQA Psychology A Level Revision Notes - Psychology
- <https://www.aqa.org.uk>
- <https://www.senecalearning.com/>
- <https://www.tutor2u.net/psychology>

### **Psychology A level Advice from Year 12 students:**

'Make friends and revise with people from your subject/class'

'Being organised alleviates so much unnecessary stress!'

'Find things that link to the subject (like TV shows) that you enjoy, to see the content represented.'

'Make flashcards as you go, it saves so much time and stress!'

**'DO NOT UNDER ANY CIRCUMSTANCES LEAVE REVISION TO THE LAST MINUTE!'**