

Compulsory Dates for 2025

You MUST come to ALL of these days!

- Kit evening - Tuesday, **18/03/25**, 6-7PM – for Parents & Participants
- Training day - Saturday, **29/03/25**, 9AM - 3.45PM
- Practice Expedition –
9AM onwards staggered start Friday, **11/04/25**
to 2-4PM Saturday, **12/04/25** (*please note that this is the first Saturday of the Easter break*)
Parents will deliver to Stretton-upon-Dunsmore and collect from Draycote Water, CV23 8AB
- Qualifying Expedition
9AM onwards staggered start - Saturday, **07/06/25**
to 2-4PM Sunday, **08/06/25**
Parents will deliver to Burbage Common, LE10 3DD and collect from Gilmorton Sports Pavilion, LE17 5SP

BRONZE

- Open to all Y9 pupils
- You must complete your Award by your 25th Birthday





RUGBY
HIGH SCHOOL

BRONZE AWARD
Why do it?

It helps to build a lifelong belief in yourself which: supports you in your challenges; allows you to follow your passions; and discover talents you never knew you had.

DofE is about you and your friends sharing experiences together, having fun, and maybe changing your futures along the way. It helps to turn the things you love, or the things you've always wanted to try, into lifelong skills that can help you get a job, change your community, and take on anything life throws your way. And yes, there's going to be a bit of camping involved.

Taking part will give you skills, confidence, and something to talk about when you apply for university, college or a job. You will want to show evidence of "soft skills" that you have developed through extra-curricular activities, such as communication, commitment, leadership and teamwork. Your DofE Award is an excellent way to demonstrate these skills in practice.

You will also become fitter and healthier and have memories to last you a lifetime!

Our DofE Team

Mrs Williams: DofE Leader for school and has overall oversight of the scheme. Completes the eDofE administrative requirements, manages the school side of Expeditions and offers support to students, in person and via email. Available on Tuesday's and Thursday's

Expedition School Staff Team: Mrs Williams along with the following volunteers: Dr. Carr, Mrs Newman, Mr Bottle, Mrs Dingwall and Miss Cox

H5 Adventure is our Expedition provider

Bronze Award is Verified by Mrs Brooke

BRONZE

Volunteering section: 3 months

Physical section: 3 months

Skills section: 3 months

Additional 3 months in the section of your choice
(Volunteering, Physical or Skills)

Practice Expedition: 2 days/1 night

Expedition section: 2 days/1 night

Suggestions

Volunteering

- Animal welfare (working at a rescue centre)
- Elderly people (visiting a residential home)
- Life saving (doing a course and being on duty over a 3 month period)
- Charity (helping in a charity shop)
- Coaching sports (at a youth centre or club)

Skill

- Cake decoration
- Choirs
- Dress making
- Debating and public speaking
- Playing a musical instrument
- Podcasting

Physical

- Badminton
- Dance
- Hockey
- Trampolining
- Yoga

For more suggestions

[Activity ideas - The Duke of Edinburgh's Award \(dofe.org\)](https://www.dofe.org)

Expedition:

- Who will look after me?
 - Your group
 - Oversight by the instructors
 - School staff

- What if I get lost?
 - You may be off route but you should be able to work out where you are
 - You can call for help
- Will I have a phone?
 - One emergency phone per group. Off at all times

- What happens if I don't finish?
 - You can try again next year



Expedition:

Kit evening - Tuesday, 18th March 2025, 6-7PM in the hall

This is for Parents AND students

- What kit do I need?

A kit list will be provided at the training day

- Waterproof coat, trousers and boots
- Personal items – clothes and first aid kit
- Food – your team will agree their menu
- Sleeping bag and roll mat

- What will be provided?

- Tents, maps, compasses
- Rucksacks – if you need one
- Stoves and gas

- Whose group will I be in?

- You choose – Teams **must be** between 5-7 people (no exceptions)

How Much?

The cost is £270 per student

Includes:

- Enrolment – DofE charge
- Expedition training and assessment costs
- Tent, Map and Compass
- Tranga cooking stove and gas
- Rucksack (if needed) and kit use – I will email Parents to offer use of a rucksack in March and these will be available for collection on the Training day

Signing Up and Paying

Complete an application form - this will be emailed to all of Y9 Parents tomorrow

FINAL CUT-OFF for return – Monday 30th September 2025

Places will be confirmed to students via email and Parents via ParentMail

- Initial payment £54 via ParentMail account, due immediately - please note that they will not be added to the cohort until this is received (all payments MUST be paid before 28/03/25)
- Then 4 x £54 payments – 01/12/24, 01/01/25, 01/02/25, 01/03/25

No refunds will be made and so please ensure you have insurance to cover any loss due to expedition withdrawal from injury

Further Information

- www.dofe.org/do
- [Activity ideas - The Duke of Edinburgh's Award \(dofe.org\)](http://www.dofe.org)
- www.rugbyhighschool.co.uk/tripsandvisits/dofe
- Janet Williams, DofE Leader:
dofe@rugbyhighschool.co.uk