

Compulsory Dates for 2025

All dates MUST be attended

- **Training Day**

29th March – 9am to 3.45pm (Sat)

- **Practice Expedition**

15th May, 6am – 17th May, 6pm approx. (Thu, Fri, Sat)

- **Qualifier Expedition (M-F / last week of the school year)**

14th July, 1pm – 18th July, 6pm approx.

Open to pupils who are 16 years old

You have until your 25th Birthday to complete your award!





RUGBY
HIGH SCHOOL



GOLD AWARD
Why do it?

It helps to build a lifelong belief in yourself which: supports you in your challenges; allows you to follow your passions; and discover talents you never knew you had.

DofE is about you and your friends sharing experiences together, having fun, and maybe changing your futures along the way. It helps to turn the things you love, or the things you've always wanted to try, into lifelong skills that can help you get a job, change your community, and take on anything life throws your way. And yes, there's going to be a bit of camping involved.

Taking part will give you skills, confidence, and something to talk about when you apply for university, college or a job. You will want to show evidence of "soft skills" that you have developed through extra-curricular activities, such as communication, commitment, leadership and teamwork. Your DofE Award is an excellent way to demonstrate these skills in practice.

You will also become fitter and healthier and have memories to last you a lifetime!

Chartered Institute of Personnel and Development Survey

- 67% of UK companies surveyed believed entry-level candidates with voluntary experience have more employability skills
- 82% said volunteering develops team working skills
- 80% said communication, time management and prioritisation, problem-solving, adaptability and leadership talent were also identified as key competencies with volunteering experience

CIPD Survey

- 25% The Duke of Edinburgh's Award
- 22% The Prince's Trust
- 18% The Scout Association
- 17% Girlguiding



UCAS and Universities

Whilst DofE does not provide UCAS points, it will help you along the path to a productive future. As many previous participants have said, at Gold, it's life changing!

Achieving the Gold Award will give you:

- Transferable Skills
- Confidence
- An edge over others when applying for University, College or a job

Our DofE Team

Mrs Williams: DofE Lead for school and has overall oversight of the scheme. Completes the eDofE administrative requirements, manages the school side of Expeditions and offers support to students, in person and via email. Available on Tuesday's and Thursday's

Expedition School Staff Team: Mrs Williams along with:
Dr. Carr, Mr Bottle and Mrs Newman – all are volunteers!

H5 Adventure is our Expedition provider

Gold Awards are Approved at DofE HO

There are 4 sections to the Award:

- Volunteering
 - Skills
 - Physical
- Assessed Expedition

- Residential**

Sections:

- Volunteering - 12 months
- Physical and Skills sections – One for 12 months and the other for 6 months. You can chose which is best for you

If you didn't do Silver, you must undertake a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.

Expeditions:

- Practice – 3 days/2 nights
- Qualifier - 4 days/3 nights

Residential: A shared activity in a residential setting away from home for 5 days/4 nights

Please be aware that this is an additional cost and is arranged by the participant, with support from Mrs Williams. Residential providers must be approved in advance

How Much?

The cost is £580 per student

Includes:

- Enrolment – DofE charge
- Expedition training and assessment costs
- Tent, Map and Compass
- Tranga cooking stove and gas
- Rucksack (if needed) and kit use – I will email Parents to offer use of a rucksack before the Expeditions. Please know that there is a £70 replacement charge for any not returned/misused

Signing Up and Paying

Complete an application form - this will be emailed to all of Y12 Parents tomorrow

FINAL CUT-OFF for return - Monday 30th September 2024

Places will be confirmed to students via email and Parents via ParentMail – this will take at least a week

Initial payment £116 via ParentMail account, due immediately - please note that they will not be added to the cohort until this is received

Then 4 x £116 payments – 01/12/24, 01/01/25, 01/02/25, 01/03/25 - all payments MUST be paid before 28/03/25

No refunds will be made and so please ensure you have insurance to cover any loss due to expedition withdrawal from injury

Further Information

- www.dofe.org/do
- [Activity ideas - The Duke of Edinburgh's Award \(dofe.org\)](http://www.dofe.org/ideas)
- www.rugbyhighschool.co.uk/tripsandvisits/dofe
- Janet Williams, DofE Leader: dofe@rugbyhighschool.co.uk