



RUGBY
HIGH SCHOOL



BRONZE AWARD

BRONZE

- Open to all Y9 pupils
- You have until you are 25 years of age to complete your award!



Our DofE Team

Mrs Williams: DofE Lead for school and has overall oversight of the scheme. Completes the eDofE administrative requirements, manages the school side of Expeditions and offers support to students, in person and via email. Available on Tuesday's and Thursday's

Expedition School Staff Team: Mrs Williams along with the following volunteers: Dr. Carr, Anna Cox, Mr Bottle

H5 Adventure is our Expedition provider

Bronze Award is Verified by Mrs Brooke

There are 4 sections to the Award:

- Volunteering
 - Skills
 - Physical
- Expedition

Suggestions

Volunteering

- Animal welfare (working at a rescue centre)
- Elderly people (visiting a residential home)
- Life saving (doing a course and being on duty over a 3 month period)
- Charity (helping in a charity shop)
- Coaching sports (at a youth centre or club)

Skill

- Cake decoration
- Choirs
- Dress making
- Debating and public speaking
- Playing a musical instrument
- Podcasting

Physical

- Badminton
- Dance
- Hockey
- Trampolining
- Yoga

For more suggestions

[Activity ideas - The Duke of Edinburgh's Award \(dofe.org\)](https://www.dofe.org/)



EXPEDITION

- Kit evening
- Training day
- Practice expedition
- Assessed expedition

Expedition:

- Who will look after me?
 - Your group
 - Oversight by the instructors
 - School staff

- What if I get lost?
 - You may be off route but you should be able to work out where you are

- Will I have a phone?
 - One emergency phone per group

- What happens if I don't finish?
 - You can do it again next year



Expedition:

Kit evening - Wednesday, 28th February 2024, 6pm

For Parents/Carer's AND participants

- What kit do I need?
 - Outdoor gear
 - Personal items – boots, waterproofs etc.
 - Food – the team will agree their menu
 - Sleeping bag and roll mat
- What will be provided?
 - Tents, maps, compasses
 - Rucksacks – if required
 - Stoves and gas
- Whose group will I be in?
 - You choose – 7 people per Team

How Much?

The **ESTIMATED COST** is **£284.50** per participant– the final cost will be confirmed once the sign-up number is known

This includes:

- Enrolment – DofE charge - £25.50
- AAP admin, training & expedition charge - £200
(£200 / 60 hrs = £3.33 pp ph)
- School - kit use (rucksacks, tents, Tranga's, gas, minibus etc. plus admin & eCommerce costs

Compulsory Dates

- Kit evening - Wednesday, 28/02/24, 6-7pm – this is for parent's/carer's and participants
- Training day - Sunday, 17/03/24, 9am-4pm
- Practice expedition – Saturday & Sunday, 13-14/04/24
Parents will drop participants off locally and collect locally – locations & times tbc
- Qualifying expedition – Friday & Saturday, 21-22/06/24
Parents will drop participants off locally and collect locally – locations & times tbc

Signing Up and Paying

Complete an application - **this will be emailed directly to parents/carer's on Tuesday, 26th September 2023**

FINAL CUT-OFF for return

Monday 9th October 23

Places will be confirmed to parents/carer's and students via email

Starting November 23, we will request 5 monthly payments of £56.90 via ParentMail. **IMPORTANT – 1st payment due immediately and they cannot be added to eDofE until this is received**

No refunds will be made and so please ensure you have insurance to cover any loss due to expedition withdrawal from injury

Further Information

- www.dofe.org/do
- [Activity ideas - The Duke of Edinburgh's Award \(dofe.org\)](http://www.dofe.org)
- www.rugbyhighschool.co.uk/tripsandvisits/dofe

Questions?