



Keeping Rugby High School Students Safe Online

Rugby High School is committed to the use of technology in order to enhance the quality of teaching and learning.

As a school we believe that the safety of our students is paramount.

Here are the guidelines below for students staying safe online.

- Students legally are not allowed to join social media sites such as Facebook, Twitter and Instagram until they are 13 years of age. If students join before this age they can face having their accounts deleted by the social network and a lifetime ban from the site.
- If a student is 13 years of age and does want a social media account then it is best if they set this account up with their parent/carer. It is highly recommended that the parent has copy of the login details such as the username and password, so they can monitor the safety of their daughter.
- It is also recommended that one of the conditions when creating the account is that the student must have their parent has a friend.
- Students must not contact strangers over the internet or accept any friend requests from people they do not know.
- Students are reminded that everything they post online is recoverable regardless of whether or not they have deleted it. The school and the police can recover written posts and photographs if necessary.
- Students should not post insulting or negative comments and/or photographs on any internet site.

- It is strongly recommended that students do not have a snapchat account and instead if they wish to share photographs an instagram account is recommended as an alternative.
- Students should not be using their devices such as phones, laptops or/and desktops half an hour before they go to bed. Sleep has been proven to be vital to a child's development. It is highly recommended that the student gives their device to their parent to charge over night and not to keep it in their bedroom where it can disrupt their sleep. If your daughter uses their device as an alarm clock then it is recommended that they buy a separate alarm clock to use in their room.
- A reason that some students would desire a social networking account is a belief that every other student possesses one. This is in-fact not true there are many students who do not have a social media account and are very happy not having an account.
- It is important to note that if use correctly social media sites can be a safe and effective medium of communication.

If you have any further questions please contact the E-Learning Leader Mr Quinn by email on S.quinn@rugbyhighschool.co.uk